

## SAMPLE PARENTING PLAN

FREEMAN ORDER							ALTERNATING WEEKS						
MON.	TUES.	WED.	THUR.	FRI.	SAT.	SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.	SUN.
		DAD		DAD	DAD	DAD	MOM	MOM	MOM	MOM (dad)	MOM	MOM	MOM
		DAD					DAD	DAD	DAD	DAD (mom)	DAD	DAD	DAD
		DAD					MOM	MOM	MOM	MOM (dad)	MOM	MOM	MOM
		DAD		DAD	DAD	DAD	DAD	DAD	DAD	DAD (mom)	DAD	DAD	DAD
ALTERNATING WEEKS							3 Y 2 SPLIT WEEK						
MON.	TUES.	WED.	THUR.	FRI.	SAT.	SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.	SUN.
MOM	→	→	→	→	→	→	MOM	MOM	MOM	M/D	DAD	DAD	DAD
DAD	→	→	→	→	→	→	D/M	MOM	MOM	MOM	M/D	DAD	DAD
MOM	→	→	→	→	→	→	DAD	D/M	MOM	MOM	MOM	M/D	DAD
DAD	→	→	→	→	→	→	DAD	DAD	D/M	MOM	MOM	MOM	M/D
2.2.5 SPLIT							2.2.3 PLAN						
MON.	TUES.	WED.	THUR.	FRI.	SAT.	SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.	SUN.
MOM	MOM	DAD	DAD	MOM	MOM	MOM	MOM	MOM	DAD	DAD	MOM	MOM	MOM
MOM	MOM	DAD	DAD	DAD	DAD	DAD	DAD	DAD	MOM	MOM	DAD	DAD	DAD
MOM	MOM	DAD	DAD	MOM	MOM	MOM							
MOM	MOM	DAD	DAD	DAD	DAD	DAD							
ADDITIONAL NOTES													